

# THE FOUNTAIN

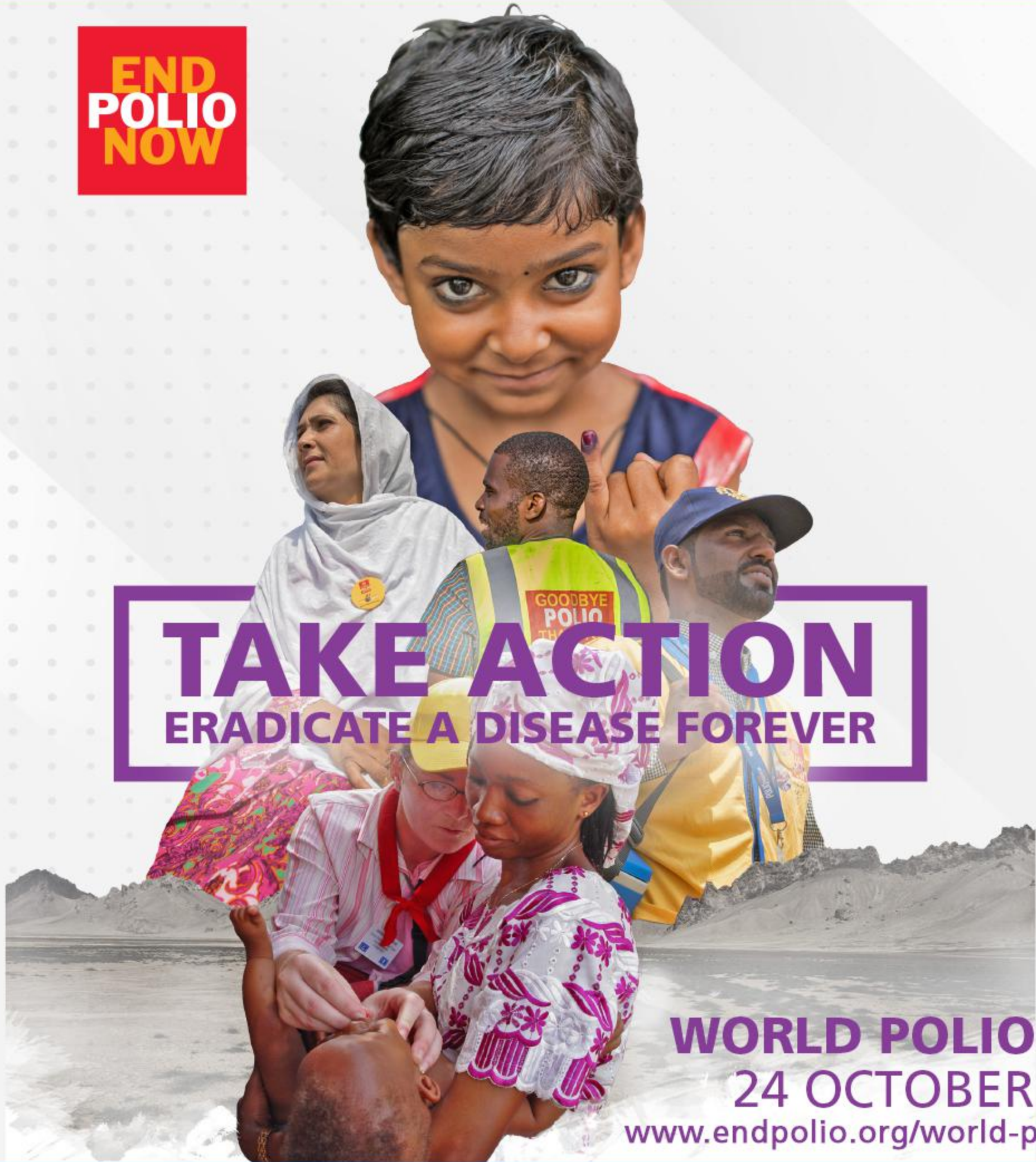
OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860

CHARTERED OCTOBER 29, 1982

CLUB # 17104

VOLUME: 40, NO.: 10 DATE: October 11, 2021

**END  
POLIO  
NOW**



**TAKE ACTION**  
ERADICATE A DISEASE FOREVER

**WORLD POLIO DAY**  
24 OCTOBER 2021  
[www.endpolio.org/world-polio-day](http://www.endpolio.org/world-polio-day)

Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**



**SHEKAR METHA**  
Rotary International President

**ANNA LOUISA A. BUMAGAT**  
District Governor

**CAROLINE L. ANDRADE**  
District Secretary

**MICHAEL TORRES**  
Assistant Governor, Area 1D

Cebu Fuente  
**Rotary**  
Club



# Officers and Directors RY 2021 - 2022



**ATTY. BERNARDINO T. AMAGO IV**  
President



**POULY JANG**  
Vice-President / President-Elect



**JOSE MARIE PONCE**  
Secretary / President Nominee



**ARCH. MANUEL L. TORRES, JR.**  
Treasurer



**PATRICK L. YARED**  
Auditor



**EMMANUEL P. TESALONA**  
The Rotary Foundation Chairman



**STEPHEN HENRY UY**  
Club Administration Director



**MARICEL BORROMELO-AMORES**  
Membership Director



**JASON GO KIANG KEE ONG**  
Community Service Director



**MARINA ENRIQUEZ- KAUFMANN**  
Vocational Service Director



**ATTY. LOLITA M. LOMANTA**  
Youth Service Director



**JOSE ALFONSO C. ABAD**  
International Service Director



**KRISTOFFER A. LLEGUNAS**  
Public Image Director & CICO



**DAVE JOHN B. KARAMIHAN**  
Protocol Officer



**ENGR. JESSELITO V. BARING**  
Sergeant at Arms

## ADVISERS



PDG JOSEPH MICHAEL P. ESPINA



PDG MARY ANNE A. SOLOMON



PP RICHARD G. BARBA



PP CONRADO M. ABARINTOS



PP MARIA CELINA B. AMORES



PP MA. CONSOLACION A. PASION



# 10<sup>th</sup> General Membership Meeting

Virtual Meeting | October 11, 2021

Area of Focus: Community Economic  
Development Month

SERVE TO CHANGE LIVES

Vol. 40, No. 10

## Programme

### PART 1

Call to Order.....	Pres. Bernardino Amago IV
Invocation.....	Audio Visual Presentation
Philippine Anthem.....	Audio Visual Presentation
The Rotary Hymn.....	Audio Visual Presentation
Four Way Test and Objects of Rotary.....	Audio Visual Presentation
Introduction of Rotarians / Spouses.....	Dir. Jason Ong
Visiting Rotarians/Rotaractors/Guest	

### PART 2

Introduction of Guest Speaker.....	Dir. Maricel Amores
Guest Speaker.....	Philip Lloyd T. Samson
Topic: Howden representatives	Joy M. Buencamino
Open Forum	
Presentation of Token/Certificates	

### PART 3

Secretary's Report.....	Sec. Jomar Ponce
Treasurer's Report.....	Treas. Jun Torres
Director's Report	
President's Time.....	Pres. Bernardino Amago IV
Other matters	
Adjournment.....	Pres. Bernardino Amago IV

...Fellowship Continues...

### Quote for the Week

"One small positive thought can change your whole day." - Zig Ziglar



Hosted by:

**Tootsie Spaller**  
Member

## INVOCATION

*O God, to whom belong adoration and praise, prepare us, through the active presence of your Spirit, to come before you rightly. Enlighten our understanding, purify our every desire, quicken our wills, and strengthen every right purpose. Direct this hour of worship to the magnifying of your name, and to the enduring good of us your children and servants, through Jesus Christ our Lord. Amen.*





# President's Message



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT

Dear RCCCF Family:

Greetings!

We welcome the month of October with much excitement as we once again herald our Breast Cancer Awareness Advocacy with higher intensity in celebration of the Pink October. I am sure that it is no longer necessary for me to enunciate a call for support for all our initiatives and activities in line with the aforesaid cause as each of us considers it close to our hearts and home.

Rotary International dedicates October for Economic and Community Development, which encourages Rotary Clubs to look into the needs of the community in terms of productive employment, income security, and social safety nets to combat poverty. I hereby enjoin you to conduct an assessment of your immediate community and suggest to the club a possible project under the aforementioned area of focus.

Tonight's meeting will enlighten us on the possible healthcare benefits we can extend to our workforce through an industry expert assistance. Let us strive to learn and see how we can align this with our respective businesses and undertakings.

Best regards,

**ATTY. BERNARDINO T. AMAGO IV**  
President, RY 2021 - 2022



# From Secretary's Desk



**JOSE MARIE PONCE**  
Secretary, RY 2021 - 2022

## Attendance

ROTARY ID #	LAST NAME	FIRST NAME	9th 09/27	10th 10/11	11th 10/25	12th 10/29	Perfect Attendance
6726464	Abad	Jose Alfonso	✓				
6581939	Abarintos	Conrado					
8794289	Abay-Abay	Emman Reyan	✓				
9330462	Amago IV	Atty. Bernardino	✓				
6218949	Amores	Maricel	✓				
11227470	Amores	Atty. Ernesto Miguel	✓				
3362897	Barba	Richard	✓				
6207695	Baring	Engr. Jesselito	✓				
1166426	Calalang	Emmanuel					
10954392	Deiparine	Atty. Sydrick Jose Andrei					
11227514	Elendrino	Glenford					
2036342	Espina	Arch. Joseph Michael					
8944393	Jang	Pouly					
3516557	Karamihan	Dave John	✓				
8599266	Kaufmann	Marina	✓				
9804883	Llegunas	Kristoffer	✓				
8794288	Lomanta	Atty. Lolita	✓				
10709899	Ong	Jason	✓				
6726443	Pasion	Ma. Consolacion	✓				
10410040	Ponce	Jose Marie	✓				
6581937	Ramos	Geraldine					
8599268	Rimaz	Ma. Dolores					
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Herminia	✓				
8794286	Senerpida	Dr. Alain	✓				
3264107	Solomon	Mary Anne	✓				
8543450	Sulay	Kendrick					
9330558	Tesalona	Emmanuel	✓				
11227493	Torres	Alfie					
5176670	Torres	Arch. Manuel, Jr.	✓				
10713855	Uy	Stephen Henry	✓				
10410033	Yared	Patrick	✓				
<b>TOTAL ATTENDEES IN ZOOM</b>			<b>26</b>				

### BIRTHDAYS

October 07 Glen Elendrino  
 October 17 Tito Solomon  
 October 22 Jomar Ponce  
 October 24 Marlene Torres

### WEDDING ANNIVERSARIES

October 10 Kristoffer & Dee Hora Llegunas  
 October 18 Jose Alfonso & Mary Grace Abad  
 October 21 Emmanuel & Nanette Calalang  
 October 23 Dave & Gay Karamihan  
 October 25 Joseph Michael & Sandra Espina





GREETINGS, MY DEAR CHANGEMAKERS,

**A** quarter of the Rotary year is now behind us. I am sure you are helping Rotary to *grow more* and *do more*. And I hope you have already done your part for the Each One, Bring One initiative by introducing one person to Rotary.

Do you ever think about your earliest days as a Rotarian? I often do — because those first moments of discovering the power of service shaped who I am today. When I joined my Rotary club, our efforts focused on India's rural communities, where people were living without toilets, getting their drinking water from the same pond they bathed in, and sending their children to outdoor classrooms set up under a tree. The nearest health care provider often was miles away — and the services were inadequate. But after Rotary clubs carried out some service projects, the villages had toilets, clean drinking water, a classroom for early learning, and a nearby health care center.

The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. It made service a way of life and led me to a guiding principle I still stand by: Service is the rent I pay for the space I occupy on Earth.

If you feel the need to reignite the spark of service in yourself or your club, October — Community Economic Development Month — is a great time to do so. When we work to improve the lives of people in underserved communities — through, for example, projects that provide vocational training and access to financial resources — we help build and sustain local economic growth.

The need is great. According to the United Nations, 9 percent of the world's population — that's 700 million people, a majority of them in sub-Saharan Africa — live on less than \$1.90 a day. By supporting strong community development as well as entrepreneurs, we can help improve conditions for people in that region and others.

Your club can also promote economic development in your own community by expanding vocational training opportunities through local schools and community colleges, partnering with lenders to improve access to financial services, or working with a nonprofit that provides resources to entrepreneurs and connects them with the business community.

Of course, developing strong communities is impossible without strong public health. On 24 October, World Polio Day, we'll celebrate our tremendous progress in the effort to eradicate polio. But we also know the fight is not over. We still need your help raising funds and awareness to ensure that all children are immunized against polio. Please don't forget to activate your clubs on that important day and encourage them to donate here: [endpolio.org/world-polio-day](http://endpolio.org/world-polio-day).

Service has been rewarding for me throughout my life. I know the same is true for many of you. Join me this month in becoming a good tenant of our planet by helping others to better themselves and their communities. Together, we can *Serve to Change Lives*.

*Shekhar Mishra*

President, Rotary International





## TRUSTEE CHAIR'S MESSAGE

### Rise to the challenge

When Rotary courageously stepped up to pursue the dream of a polio-free world, we knew realizing our dream wouldn't be easy. But since 1988, working with our partners, we've brought worldwide case counts down by 99.9 percent.

However, it's not over 'til it's over. It will take courage. We're going to keep up the funding and keep on the pressure until this fight is finished, and no child ever again has to experience the devastating effects of polio.

As we mark World Polio Day on 24 October, we can take heart; we continue to make progress, and with the current low transmission rates of wild poliovirus in Afghanistan and Pakistan, we have a unique opportunity to interrupt transmission. We also have a new strategy and vaccine that will bolster our eradication efforts.

To eradicate wild poliovirus and stop outbreaks of circulating vaccine-derived poliovirus (cVDPV), the Global Polio Eradication Initiative's new strategy centers around several key areas: political advocacy to create greater urgency and accountability in the endemic and outbreak countries, improved engagement with high-risk communities, improved operations and polio surveillance, and the inclusion of polio immunization in broader health programs. (For more on the new polio eradication strategy, see page 30.)

Along with our new strategy, Rotary and its partners are using a new tool, novel oral polio vaccine (nOPV2), to help address outbreaks of type 2 cVDPV. This new vaccine has been deployed in a growing list of countries and is a promising development in our quest to end polio once and for all.

But there is still much work to be done. In particular, we need to remain strongly committed to our goals in the face of recent events in Afghanistan. As a nonpolitical organization, Rotary will continue to do the work that is necessary to protect the health of children everywhere.

After all the progress we've made in our decades-long fight, the worst thing we could do is to become complacent, so here's where you come in.

Let's raise awareness of Rotary's role in polio eradication. And let's double down on our commitment and keep raising \$50 million each year for polio. Remember: Thanks to the Bill & Melinda Gates Foundation, any contribution you or your Rotary or Rotaract club makes will be matched 2 to 1.

In Rotary, when we dream, we get behind our dream with everything we can muster. We have always risen to challenges — and now it is more important than ever for us to rise again, with courage, to defeat polio.

**JOHN F. GERM**

*Foundation trustee chair*

## GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021-22

### PRESIDENT

**Shekhar Mehta**  
Calcutta-Mahanagar, India

### PRESIDENT-ELECT

**Jennifer E. Jones**  
Windsor-Roseland,  
Ontario, Canada

### VICE PRESIDENT

**Valarie K. Wafer**  
Collingwood-  
South Georgian Bay,  
Ontario, Canada

### TREASURER

**Virpi Honkala**  
Raahe, Finland

### DIRECTORS

**Jessie Harman**  
Wendouree Breakfast,  
Australia

**Suzi (Susan C.) Howe**  
Space Center (Houston),  
Texas, USA

**Won-Pyo Kim**  
Gyeongju South, Korea

**Urs Klemm**  
Aarau, Switzerland

**Mahesh Kotbagi**  
Pune Sports City, India

**Aikaterini Kotsali-  
Papadimitriou**  
Pendeli, Greece

**Peter R. Kyle**  
Capitol Hill (Washington,  
D.C.), District of Columbia,  
USA

**Roger Lhors**  
Pont-Audemer, France

**Chi-Tien Liu**  
Yangmei, Taiwan

**Vicki Puliz**  
Sparks, Nevada, USA

**Nicki Scott**  
North Cotswolds, England

**Julio César A.  
Silva-Santisteban**  
El Rímac, Peru

**Katsuhiko Tatsuno**  
Tokyo-West, Japan

**Elizabeth Usovicz**  
Kansas City-Plaza,  
Missouri, USA

**Ananthanarayanan S.  
"Venky" Venkatesh**  
Chennai Mambalam, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine

## TRUSTEES OF THE ROTARY FOUNDATION, 2021-22

### CHAIR

**John F. Germ**  
Chattanooga,  
Tennessee, USA

### CHAIR-ELECT

**Ian H.S. Riseley**  
Sandringham, Australia

### VICE CHAIR

**Sangkooyun**  
Sae Hanyang, Korea

### TRUSTEES

**Jorge Aufranc**  
Guatemala Sur, Guatemala

**Marcelo Demétrio Haick**  
Santos-Praia, Brazil

**Per Høyen**  
Aarup, Denmark

**Hsiu-Ming Lin**  
Taipei Tungteh, Taiwan

**Larry A. Lunsford**  
Kansas City-Plaza,  
Missouri, USA

**Mark Daniel Maloney**  
Decatur, Alabama, USA

**Geeta K. Manek**  
Muthaiga, Kenya

**Aziz Memon**  
Karachi, Pakistan

**Akira Miki**  
Himeji, Japan

**Barry Rassin**  
East Nassau, Bahamas

**Dean Rohrs**  
Langley Central, British  
Columbia, Canada

**Gulam A. Vahanvaty**  
Bombay, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine



CALENDAR

## October events

2<sup>nd</sup> to 3<sup>rd</sup>

### WORK HARD, PLAY HARD

**Event:**  
Gears and Beers

**Host:**  
Rotary Club of Wollundry-Wagga Wagga, Australia

**What it benefits:**  
Local charities

**What it is:**  
Are you a cycling and craft beer fanatic? If so, this is the festival for you. A variety of rides that cover every age group, course distance, and cycling level are scheduled throughout the weekend, with all roads leading to the craft beer festival at the finish line. COVID-19 regulations allow for up to 3,000 attendees this year.



12<sup>th</sup>

### READY, AIM, CLAY!

**Event:**  
Sporting Clays Classic

**Host:**  
Rotary Club of James River (Richmond), Virginia

**What it benefits:**  
Local and international charities

**What it is:**  
Sporting clays is a form of clay-pigeon shooting, with a course that typically features 10 to 15 shooting stations spread out over natural terrain. In this tournament, teams of five people — from first-timers to experienced shooters — participate. The day includes breakfast, shooting, lunch, and awards.



3<sup>rd</sup>

### ALL TOGETHER NOW

**Event:**  
Hinsdale Charity Classic

**Host:**  
Rotary Club of Hinsdale, Illinois

**What it benefits:**  
Local charities

**What it is:**  
For the past 26 years, the Hinsdale club has sponsored this family-friendly race. Last year's event was virtual, with each participant running or walking independently. This year, the event — which includes 10K, 5K, and 3K runs and walks — will be held in person again. Overall winners of the 10K and 5K races claim trophies, while age-group winners receive medals.

17<sup>th</sup>



### TAKING IT TO THE STREETS

**Event:**  
Thousand Oaks Street Fair

**Host:**  
Rotary Club of Thousand Oaks, California

**What it benefits:**  
Local charities

**What it is:**  
Live entertainment, more than 100 vendors, food trucks, free activities for kids, and a car show are just some of the fun features of this annual street fair. If you fancy yourself a pretty good shot with the ol' bean bag, try your hand at the fair's Corn Hole Classic, where the winning team takes away a \$500 prize.

18<sup>th</sup>



### GOLF FOR A CAUSE

**Event:**  
Tee It Up for Veterans Charity Golf Outing

**Host:**  
Rotary Club of Shady Brook (Langhorne), Pennsylvania

**What it benefits:**  
First Swing golf clinics

**What it is:**  
This 18-hole event includes a buffet lunch, on-course refreshments, dinner, and prizes. Proceeds benefit First Swing golf clinics, a progressive form of rehabilitation for veterans who are amputees. The event will feature two courtesy foursomes, one made up of area veterans and the other of students, each representing one of four local high schools.



## PHILIP LLOYD T. SAMSON

Deputy CEO  
Head of Employee Benefits Division



### Professional Qualifications:

- Licensed Life Insurance Agent
- Licensed non-life Agent
- Licensed in Variable Life Insurance

### Brief Profile / Relevant Experience:

Philip has worked in the Life, Non-life and HMO industries. He has extensive experience in Group Insurance, Agency Development and Training, Sales Development in both Life and HMO markets. He has worked with the top Life and HMO companies in the Philippines both local and multinational. He is the former Vice President for Sales of Philamcare, the HMO arm of the American International Group (AIG) and United Health Care (UHC). He founded iSolve Employee Benefits Consultants in 2006 and served as its President and Managing Director until the company's acquisition by JLT in 2015.

### Years in Insurance Business:

28 years insurance experience

## JOY M. BUENCAMINO

Senior Vice President  
Head of Acquisition and Consulting Team  
Benefit Solutions



### Brief Profile / Relevant Experience:

Joy joined Howden last September 2, 2019 as Senior Vice President and responsible for Business Development on Employee Benefits Broking and Consulting.

Her areas of expertise range from the benefit consulting, plan design, costing analysis, claims utilization analysis, multinational pooling, benefits benchmarking, harmonization, and implementation of employee benefits programs.

Joy has a wealth of experience with major firms such as BPOs, IT, Hotel, Pharmaceuticals, Manufacturing, and other industries in the Philippines.

Prior to Howden, she worked for a multinational insurance broker for five years as Senior Vice President and handling Business Development and Consulting for employee benefits programs. She works with local, regional, and global companies in plan designs, costing analysis and benefits pooling. She has undergone various insurance training in the Philippines and abroad in various aspects of Employee Benefit Programs.

Joy is a graduate of Bachelor of Science in Commerce, Major in Business Administration at Saint Paul University Manila. Her experience and passion for the past 23 years in the insurance industries, made her more competitive in the area of her expertise.

### Years in Insurance Business:

23 years insurance experience

# SERVICE ABOVE SELF

## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**First** The development of acquaintance as an opportunity for service;

**Second** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**Third** The application of the ideal of service in each Rotarian's personal, business, and community life;

**Fourth** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## THE FOUR-WAY TEST

Of the things we think, say, or do:

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it **build goodwill** and **better friendships**?
4. Will it be **beneficial** to all concerned?

## ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



# 9 Factors of Breast Cancer

REDUCE YOUR RISKS.



## A HISTORY OF BREAST CANCER OR BREAST LUMPS.

Women who have had breast cancer before or non-cancerous breast lumps increases the chance of developing breast cancer later on.



## ESTROGEN EXPOSURE

Menstruating early or starting menopause later in life.



## BODY WEIGHT

Women who are overweight or have obesity after menopause may have a higher risk of developing breast cancer.



## GENETICS

If a close relative has or has had breast cancer, the risk is higher.

## HORMONE TREATMENTS

The use of hormone replacement therapy & oral birth control pills have been linked to breast cancer due to increased levels of estrogen.



## OCCUPATIONAL HAZARDS

Researchers concluded that exposure to certain carcinogen and endocrine disruptions, for example in the workplace, could be linked to breast cancer.



## AGE

The risk increases with age.



## DENSE BREAST TISSUE

It is more likely to develop in higher density breast tissue.

## ALCOHOL CONSUMPTION

Studies have shown that women who consume more than 3 drinks a day have 1.5 times higher risk.





# DIVERSITY STRENGTHENS OUR CLUBS



New members from different groups in our communities bring fresh perspectives and ideas to our clubs and expand Rotary's presence. Invite prospective members from all backgrounds to experience Rotary.

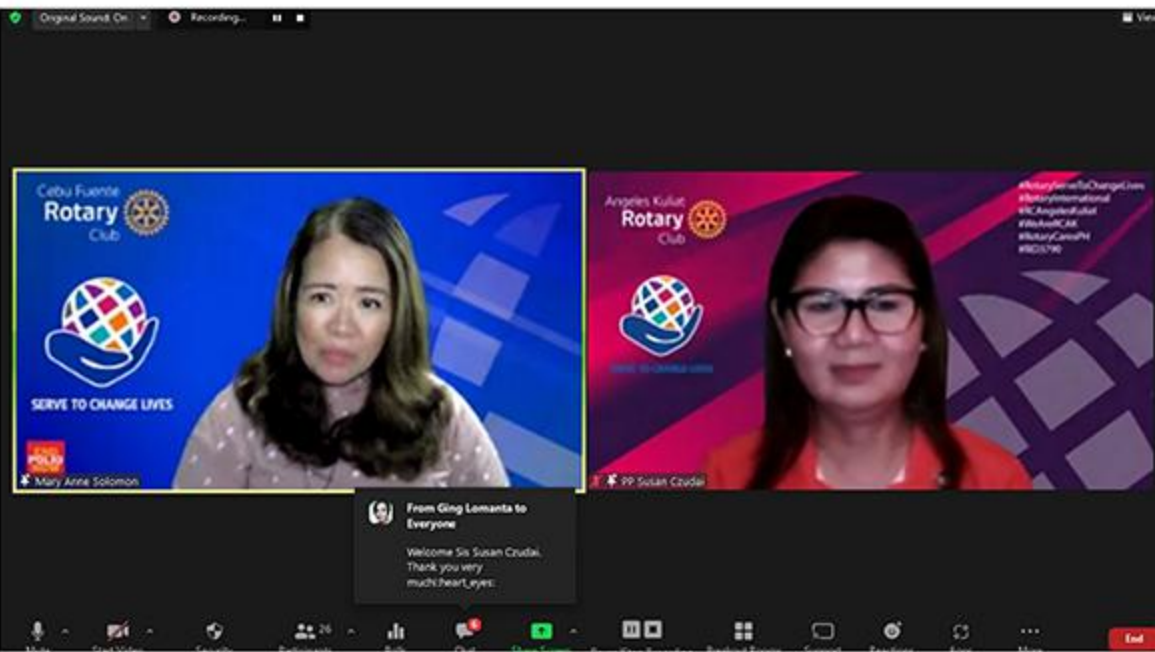
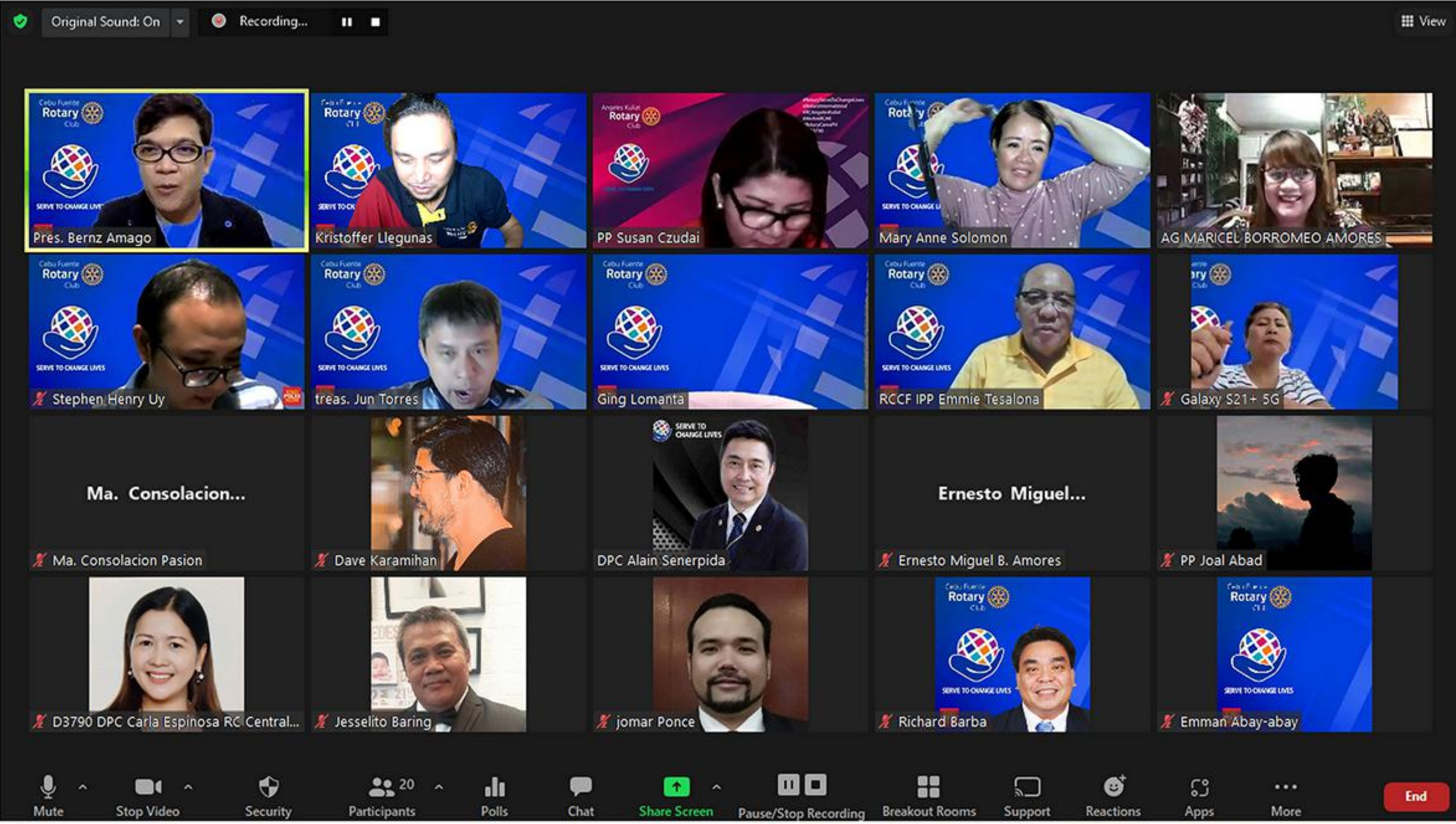


**REFER A NEW MEMBER**

[my.rotary.org/member-center](https://my.rotary.org/member-center)

Rotary 

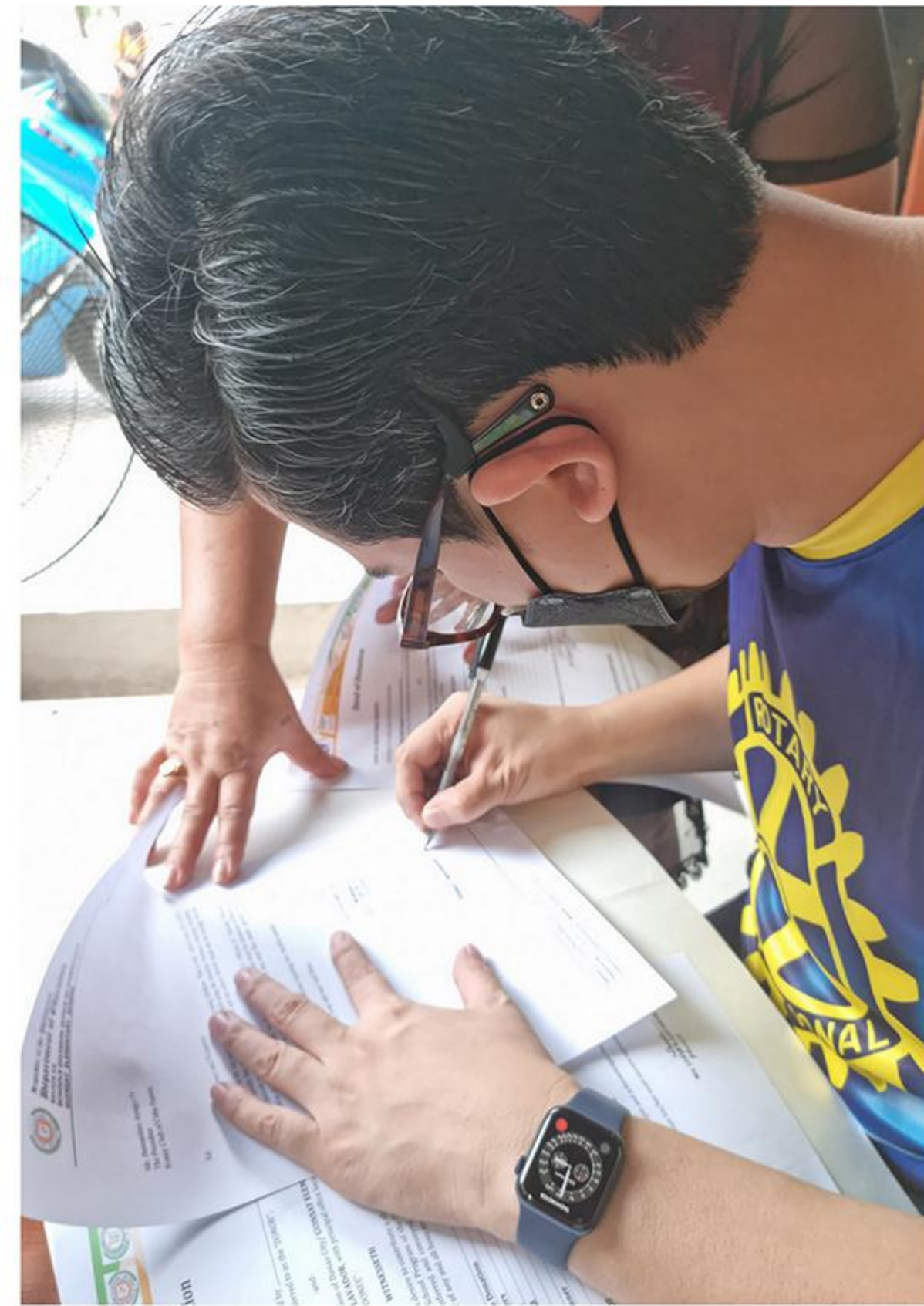
## 09-27-2021 9th RCCCF GMM (Virtual) RY 2021 - 2022



## 09-29-2021 Colors of Second Chance Project



## 09-29-2021 Donation of Face Masks, Thermoscan, Oximeter, Alcohol and Vitamin C to Guinsay Elementary School

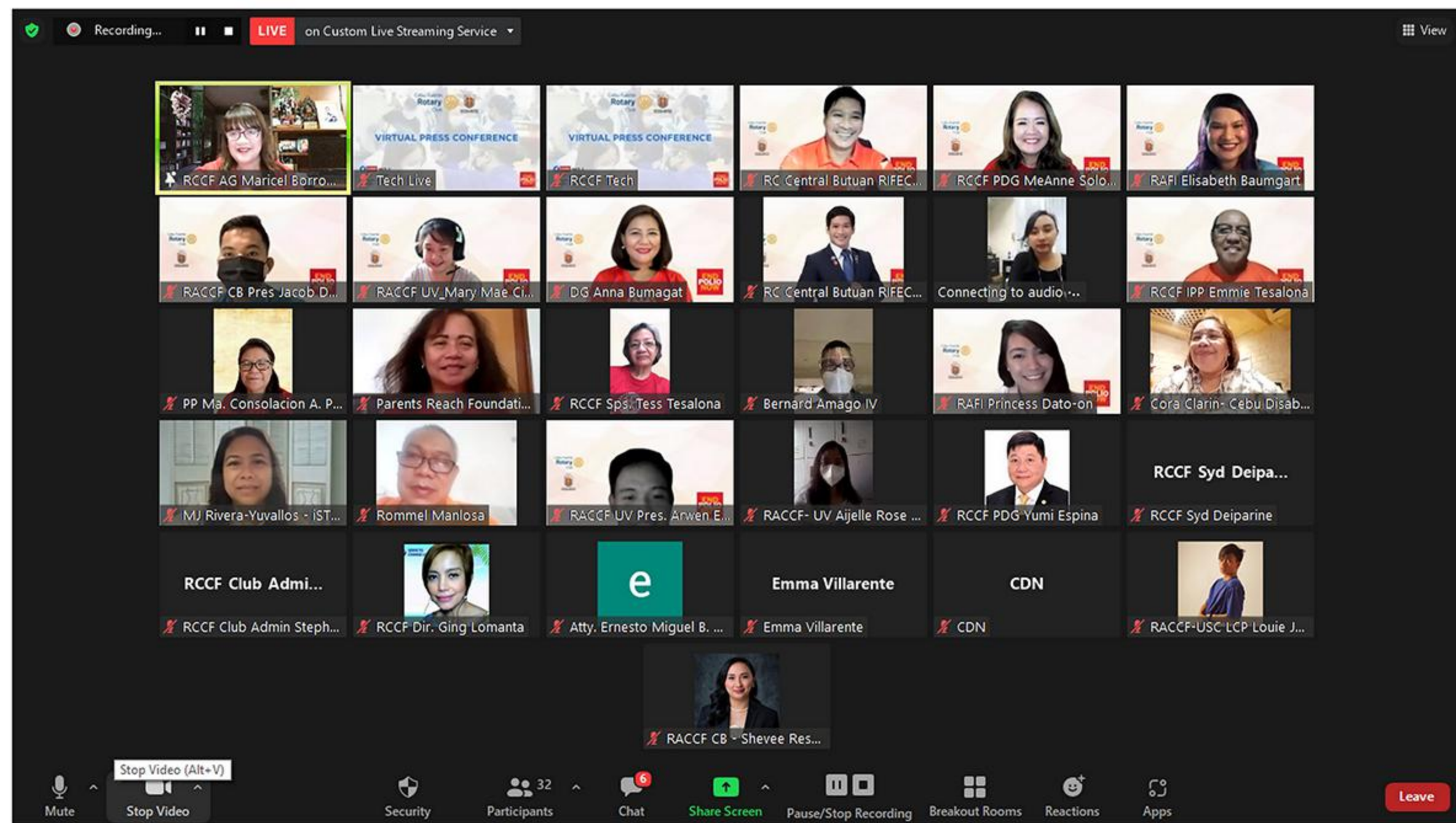


## 09-29-2021 Reams for your Dreams Rewind





## 10-01-2021 Press Conference on Vaccination Campaign



## 10-02-2021 Pink Cancer Chat 2021

*Closing Remarks*

**ATTY. BERNARDINO T. AMAGO IV**  
PRESIDENT, ROTARY CLUB OF CEBU FUENTE

**PINK CANCER CHAT 2021** a breast cancer lay forum  
*Healing from the Pandemic*

Two men are shown in separate video frames, both wearing glasses and speaking into microphones. The background is a soft pink with floral decorations.

A grid of video thumbnails for various participants. Each thumbnail features a pink background with floral decorations and a coffee cup. The text on the thumbnails includes "PINK CANCER CHAT 2021 a breast cancer lay forum Healing from the Pandemic" and the names of the participants:

- MDZ Tech 2
- ICS Cebu Tope
- Pink Cancer Chat 2021
- Ellie May Villegas MD
- Buenaventura Ramos
- Eve Therese Ramos MD
- Arnold John Uson MD
- Maricel Malazarte
- ICS MeAnne Solomon
- MDZ Tech 1
- Perds Dompor S...
- Perds Dompor Sumampong

A video frame showing a participant speaking. The background is pink with floral decorations and a coffee cup. The text on the left side of the frame reads "PINK CANCER CHAT 2021".

A video frame showing a participant speaking. The background is pink with floral decorations and a coffee cup. The text on the left side of the frame reads "PINK CANCER CHAT 2021". The name "MS. MARY ANNE ALCORDO-SOLOMON" is displayed at the bottom of the frame.

## EVEN AFTER GETTING VACCINATED, WHY IS IT IMPORTANT TO:



KEEP A SAFE  
DISTANCE



WEAR A  
MASK



COUGH OR SNEEZE  
INTO YOUR ELBOW



OPEN  
WINDOWS



CLEAN YOUR  
HANDS

1.

REDUCE THE SPREAD  
OF OTHER DISEASES  
LIKE COLDS, FLU  
AND DIARRHOEA

2.

BUILD SOLIDARITY  
BY SHOWING OTHERS  
YOU CARE

3.

KEEP THE PEOPLE  
YOU LOVE HEALTHY

## DO IT ALL. GET EXTRA BENEFITS. STOP COVID-19.



World Health  
Organization

# **ORATIO IMPERATA: PRAYER AGAINST COVID-19 or 2019 CORONA VIRUS DISEASE**

**Merciful and compassionate Father, we come to you in our need to seek your protection against the COVID 19 virus that has disturbed and even claimed lives. We ask you now to look upon us with love and by your healing hand, dispel the fear of sickness and death, restore our hope, and strengthen our faith.**

**We pray that you guide the people tasked to find cures for this disease and to stem its transmission. We thank you for the vaccines developed made possible by your guiding hands.**

**Bless our efforts to use these vaccines to end the pandemic in our country.**

**We pray for our health workers that they may minister to the sick with competence and compassion. strength in their commitment, protection from the disease.**

**We pray for those afflicted.**

**May they be restored to health.**

**Protect those who care for them.**

**Grant eternal rest to those who have died.**

**Give us the grace in these trying times to work for the good of all and to help those in need.**

**May our concern and compassion for each other see us through this crisis and lead us to conversion and holiness.**

**Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever. Amen.**

**We fly to Your protection, O Holy Mother of God.**

**Do not despise our petition in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.**

**Our Lady, health of the sick, pray for us.**

**St. Joseph, pray for us.**

**St. Raphael the Archangel, pray for us.**

**San Roque, pray for us.**

**San Lorenzo Ruiz, pray for us**

**San Pedro Calungsod, pray for us.**



**Rotary**  
District 3860



**SERVE TO  
CHANGE LIVES**

**LIFE-CHANGING  
PUBLIC IMAGE  
VIRTUAL SEMINAR**



**OCTOBER 23, 2021  
SATURDAY  
1:30 PM - 5:00 PM**

**CAPTURE**



**PHILIP AM A. GUAY  
PHOTOGRAPHER  
CEBU MOBILE SHUTTERBUGS (CMS)  
"MOBILE PHOTOGRAPHY"**

**DESIGN**



**MARICEL R. NGO  
DISTRICT PUBLIC IMAGE CHAIR  
ROTARY CLUB OF ORMOC  
DISTRICT 3860  
"CANVA 101"**

**SHARE**



**MARIA ESTER "MATE" ESPINA  
DISTRICT GOVERNOR NOMINEE  
ROTARY CLUB OF BAGOLOD CENTRAL  
DISTRICT 3850  
"TELLING YOUR STORY IN THE AGE OF SOCIAL  
MEDIA"**

**DESIGN**



**JN. VIANNEY L. DAGANDAN  
RAC PUBLIC IMAGE CHAIR  
ROTARACT CLUB OF CEBU FUENTE  
DISTRICT 3860  
"PEOPLE OF ACTION CAMPAIGN"**

**#CaptureDesignShare  
#RotaryPublicImageSeminar  
#RotaryDistrict3860  
#PeopleOfAction**



**CAPTURE.  
DESIGN. SHARE.**

**LIFE-CHANGING PUBLIC IMAGE VIRTUAL SEMINAR**



OCTOBER 23, 2021  
SATURDAY  
1:30 PM - 5:00 PM

**PROGRAM**

**ATTIRE:  
PARTICIPANTS:**

**END POLIO NOW SHIRT  
PAST DISTRICT GOVERNORS, DISTRICT OFFICERS, CLUB OFFICERS,  
& INTERESTED ROTARIANS**

1:00 PM	MEETING ROOM OPENS	MARIA JOANNA VICTORIA Y. GONZALEZ HOST ASST PUBLIC IMAGE CHAIR, VISAYAS ROTARY CLUB OF MANDAUE EAST
1:20 PM - 1:25 PM	ZOOM ETIQUETTE	AVP
1:25 PM - 1:30 PM	DISTRICT PUBLIC IMAGE VIDEO	AVP
1:30 PM - 1:32 PM	CALL TO ORDER & TURNOVER OF PROCEEDINGS	ANNA LOUISA A. BUMAGAT DISTRICT GOVERNOR, DISTRICT 3860 ROTARY CLUB OF ORMOC
1:32 PM - 1:35 PM	INVOCATION	AVP
1:35 PM - 1:40 PM	PHILIPPINE NATIONAL ANTHEM	AVP
1:40 PM - 1:50 PM	ACKNOWLEDGMENT OF DIGNITARIES & GUESTS	CAROLINE L. ANDRADE DISTRICT SECRETARY, DISTRICT 3860 ROTARY CLUB OF KANDAYA, TACLOBAN
1:50 PM - 1:55 PM	WELCOME REMARKS	ESTELA MARIBEL T. VILELA ASST PUBLIC IMAGE CHAIR, MINDANAO ROTARY CLUB OF WALING-WALING DAVAO

**CAPTURE THE MOMENT**

1:55 PM - 2:00 PM	INTRODUCTION OF GUEST SPEAKER	JEFFREY PHILIP L. TAN DISTRICT WEBSITE ADMINISTRATOR ROTARY CLUB OF CEBU PORT CENTRE
2:00 PM - 2:45 PM	MOBILE PHOTOGRAPHY	PHILIP AM A. GUAY PHOTOGRAPHER CEBU MOBILE SHUTTERBUGS (CMS)

**DESIGN TO INSPIRE**

2:45 PM - 2:50 PM	INTRODUCTION OF GUEST SPEAKER	EMMANUEL M. HERNANDEZ GML - EDITORIAL STAFF ROTARY CLUB OF BANILAD METRO
2:50 PM - 3:20 PM	PEOPLE OF ACTION CAMPAIGN	JN. VIANNEY L. DAGANDAN ROTARACT PUBLIC IMAGE REPRESENTATIVE ROTARACT CLUB OF CEBU FUENTE



**CAPTURE.  
DESIGN. SHARE.**

**LIFE-CHANGING PUBLIC IMAGE VIRTUAL SEMINAR**



**OCTOBER 23, 2021  
SATURDAY  
1:30 PM - 5:00 PM**

**PROGRAM**

3:20 PM - 3:25 PM	<b>DESIGN TO CREATE</b> INTRODUCTION OF GUEST SPEAKER	<b>ARNOLD M. NICOLAS</b> GML EDITOR ROTARY CLUB OF TAGUM NORTH
3:25 PM - 3:55 PM	<b>CANVA 101</b>	<b>MARICEL R. NGO</b> DISTRICT PUBLIC IMAGE CHAIR, DISTRICT 3860 ROTARY CLUB OF ORMOC
3:55 PM - 4:00 PM	<b>SHARE YOUR ROTARY STORY</b> INTRODUCTION OF GUEST SPEAKER	<b>CAROLINE L. ANDRADE</b> DISTRICT SECRETARY, DISTRICT 3860 ROTARY CLUB OF KANDAYA TACLOBAN
4:00 PM - 4:30 PM	<b>TELLING YOUR STORY IN THE AGE OF SOCIAL MEDIA</b>	<b>MARIA ESTER "MATE" ESPINA</b> DISTRICT GOVERNOR NOMINEE, DISTRICT 3850 ROTARY CLUB OF BACOLOD CENTRAL
4:30 PM - 4:45 PM	<b>OPEN FORUM</b>	<b>MARIA JOANNA VICTORIA Y. GONZALEZ</b> ASST PUBLIC IMAGE CHAIR, VISAYAS ROTARY CLUB OF MANDAUE EAST
4:45 PM - 4:50 PM	<b>PRESENTATION OF CERTIFICATES OF APPRECIATION</b>	<b>CHERYL MARIE SO FULACHE</b> CLUB PRESIDENT ROTARY CLUB OF MANDAUE EAST
4:50 PM - 4:55 PM	<b>CLOSING REMARKS</b>	<b>MARICEL R. NGO</b> DISTRICT PUBLIC IMAGE CHAIR, DISTRICT 3860 ROTARY CLUB OF ORMOC
4:55 PM - 5:00 PM	<b>ADJOURNMENT</b>	<b>ANNA LOUISA A. BUMAGAT</b> DISTRICT GOVERNOR, DISTRICT 3860 ROTARY CLUB OF ORMOC

**#CaptureDesignShare  
#RotaryPublicImageSeminar  
#RotaryDistrict3860  
#PeopleOfAction**



**I**nterpersonal Skills, Value, and a smidgin of Political Sense can achieve great results.

Lest, you miscomprehend it and think that you have to be the clout broker or adapt the flair of a seasoned politician but surviving in the corporate world or an organization requires the abovementioned power skills .

Having said that, there is truth that we love people who are blessed with charisma, captivating influence, and the appealing play of basic politics laced with diplomacy, subtlety, and savoir-faire.

Conversely, even very prominent corporates such as Google, Facebook, and Microsoft are branded to be political companies where the continued existence schemes for experts hinge on their aptitude and ability to use their interpersonal relation skill to circumnavigate the perfidious waters of the organizational ocean.

It is the universal truth that there will always be factions wherever you go. Therefore, you need to balance your soft skill in performing the corporate game in dealing with these groups. You must be careful not to be too identified with upper bosses' coteries or cliques as management does not remain stagnant but continually evolves. Thus, the secret sauce of success lies in the ability to win others over with your kind influence and not through bullish dominance.

*"If there is even one secret of success, it lies in the ability to get the other person's point of view and see things from that person's angle as well as your own."*

*Dale Carnegie*

Nothing to fret about if your interpersonal skills is honed to perfection that you are able to readily interact with others, exist harmoniously with the "blocs", and their trust and confidence in you are intact. Likewise, you must be able to give value, and the smidgin of politics is being courteous, suave, and genteel in dealing with everyone around you



Rotary

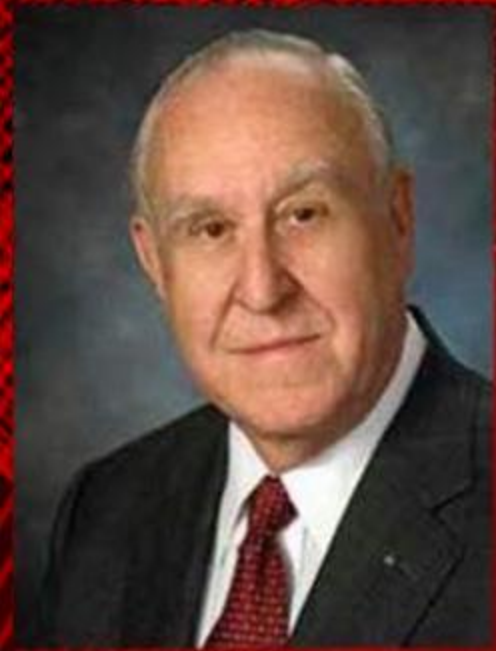
Zone 10A



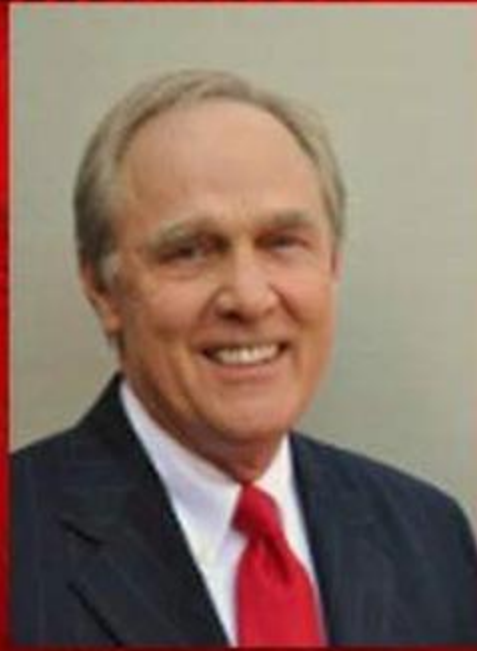
END  
POLIO  
NOW

# POLIO SUMMIT 2021

October 18, 2021 5:45pm Philippine Time



**PRIP JOHN GERM**  
Chairman for Countdown to History  
End Polio Now Committee



**PRID ROBERT HALL**  
Vice Chairman for Countdown to History  
End Polio Now Committee



**PRIVP MIKE MCGOVERN**  
Chairman for the International PolioPlus Committee  
Rotary International



**RID JESSIE HARMAN**  
Rotary International Director for 2021-23

**Rotary International Zone 10A Districts**

**3770, 3780, 3790, 3800, 3810 3820, 3830, 3850, 3860, 3870**

**ZONE 10A POLIO SUMMIT 2021**

**October 18, 2021 | 5:45 PM**

**Guest Speakers:**

**PRIP John Germ, PRID Robert Hall,  
PRIVP Mike McGovern, RID Jessie Harman**

**Register in advance for this meeting:**

**[bit.ly/polio2021](https://bit.ly/polio2021)**

**or through zoom**

**Zoom ID: 836 6402 0082 | Passcode: polio2021**



## PROGRAMME

6:30 PM Enter Waiting Room

Program Host: RRFC PDG Virgilio "Jun" G. Farcon

TIME	TOPIC	SPEAKER
7:00pm	Call To Order	- RRFC PDG Virgilio "Jun" G. Farcon
7:02pm	Invocation/Prayer	- Audio Visual Presentation
7:05pm	Anthems <ul style="list-style-type: none"><li>• USA</li><li>• Canada</li><li>• Australia</li><li>• Philippines</li></ul>	- Audio Visual Presentation
7:10pm	Welcome Message	-
7:13pm	Introduction of Dignitaries & Governors	-
7:18pm		
7:25pm	Why I continue to give to Polio	- PRID Daumonguiller "Guiller" E. Tumangan
7:30pm	Philippine Polio Updates	-
7:40pm	Districts' Polio Updates and Presentations of Philippines Top PolioPlus Donors	- EPNZC Zone 10A PDG Mary Anne "Me'anne" A. Solomon
8:00pm	The Impact of your Polio Donation	- PRIVP Michael "Mike" K. McGovern
8:10pm	Giving to Polio	- Trustee Chair John Germ
8:20pm	How Rotary and the polio network have Helped COVID 19	- RIPN Jennifer E. Jones
8:30pm	Panel Discussion/Open Forum to be	- ARRFC PDG Rufino "Penny" L. Policarpio, III (Facilitator)
8:55pm	Closing Message	- EMGA PDG Jesus "Jess" Nicdao
8:58PM	Rotary Hymn	- Audio Visual Presentation
9:00pm	Adjournment	- RRFC PDG Virgilio "Jun" G. Farcon

Screen pictorials to follow

**END  
POLIO  
NOW**



**END  
POLIO  
NOW**



**COUNTDOWN TO  
HISTORY**



# 5 REASONS WHY WE MUST ERADICATE POLIO

## 1 YOUR GIFT WILL IMPROVE LIVES.

Today, 19 million people who would otherwise be paralyzed by polio are walking, and 1.5 million people who would otherwise have died are alive.

## 2 YOUR GIFT WILL INVEST IN THE FUTURE.

If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year. A polio-free world will be a healthier world for children everywhere.

## 3 YOUR GIFT WILL IMPROVE CHILD HEALTH.

Polio surveillance networks and vaccination campaigns also monitor children for other health problems, like vitamin deficiency and measles, so we can address them sooner.

## 4 YOUR GIFT WILL LOWER HEALTH CARE COSTS.

The global effort to eradicate polio has already saved more than \$27 billion in health care costs since 1988, and expects to save \$14 billion more by 2050.

## 5 YOUR GIFT WILL MAKE HISTORY.

Polio eradication will be one of history's greatest public health achievements, with polio following smallpox to become only the second human disease eradicated from the world.



At the end of the 1980s, more than 350,000 children were paralyzed by polio every year. Today, Rotary and its partners have reduced the incidence of polio by 99.9 percent. However, until we see the last of the poliovirus, eradication efforts need additional funding to:

### IMMUNIZE

more than 400 million children against polio every year

### IMPROVE

disease surveillance systems to detect any poliovirus in a person or the environment

### HIRE

more than 150,000 health workers to go door to door to find every child

**Donate now at [endpolio.org](https://endpolio.org)**



**WORLD POLIO DAY**  
IS 24 OCTOBER [endpolio.org](http://endpolio.org) | #endpolio



Get ready for #WorldPolioDay on 24 October! Learn how Rotary & its partners have reduced polio cases by 99.9% since 1988. No child should have to suffer from a vaccine-preventable disease. Learn more: [endpol.io/wpd](http://endpol.io/wpd) Only two countries continue to report wild polio cases: Afghanistan and Pakistan. This #WorldPolioDay learn why Rotary believes we can shrink that number to zero.



**END POLIO NOW** **WORLD POLIO DAY**  
IS 24 OCTOBER [endpolio.org](http://endpolio.org) | #endpolio



**END POLIO NOW** **WORLD POLIO DAY**  
IS 24 OCTOBER [endpolio.org](http://endpolio.org) | #endpolio





**I RUN TO  
END POLIO NOW**

*Season 2  
Bigger and Bolder*

**October 24, 2021**

**Rotary**

District 3860



**END  
POLIO  
NOW**

**#endpolio | endpolio.org**



Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**

**[www.rccebufuente.org](http://www.rccebufuente.org)**  
**[info@rccebufuente.org](mailto:info@rccebufuente.org)**





Cebu Fuente  
**Rotary**  
Club



**END  
POLIO  
NOW**

**100% PAUL HARRIS CLUB  
in Rotary International  
District 3860  
for RY 2016 - 2017**



## CANcer CAN'T but we CAN.

Meet some members of our team from Rotaract Club of Cebu Fuente-Community Based, Rotaract Clubs of Cebu Fuente-University of the Visayas, Cebu Doctors' University- College of Medicine Asian Medical Students' Association - Accentuating Lives through Service and Advocacy (AMSA-ALSA) and Community Outreach Resource and Education (CORE).

Know more about what is Pink Perspective and who are the people behind this movement.

Follow this Facebook page for more details and updates for the upcoming "PinkPerspective 2: Pinked in the New Norm" this October 16-17, 2021.

Register now through <https://bit.ly/PinkReg> and see you all via zoom!

#PinkPerspective2

#PinkedintheNewNorm

#PinkOctober2021



# Invite someone to become a

Cebu Fuente  
**Rotary**  
Club



# Rotarian today.

## Join Rotary Club of Cebu Fuente



# Spread the Word!